# Welcome! / ¡Bienvenidos!

We will begin at 3:30 / Comenzaremos a las 3:30
Please enjoy the music / Por Favor disfruta la música ☺
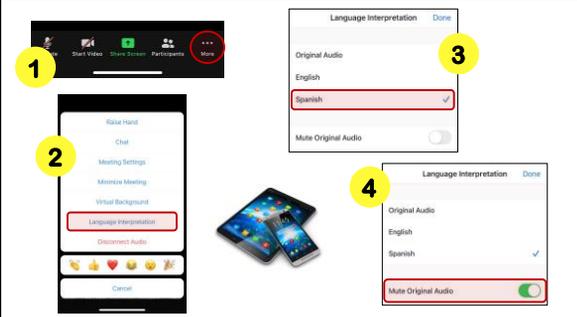
Community Advisory Committee / Comité Asesor de la Comunidad
Presenter / Presentadores: Brandi Church

Kern County Consortium SELPA / Consorcio SELPA del Condado Kern
Office of Mary C. Barlow / Oficina de Mary C. Barlow
Kern County Superintendent of Schools / Superintendencia de Escuelas del Condado Kern
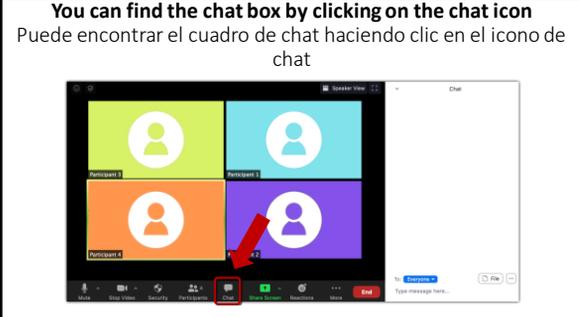*Advocates for Children / Abogando por los niños*
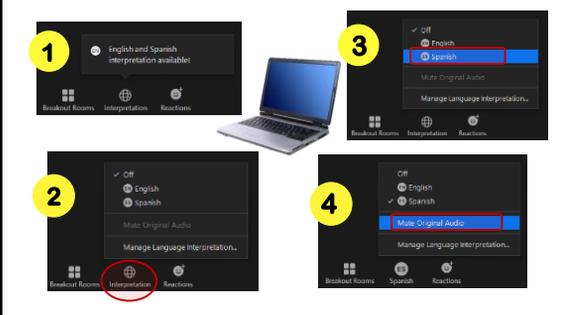
You can find the chat box by clicking on the chat icon
Puede encontrar el cuadro de chat haciendo clic en el icono de chat

How Parents Can Help Their Students Connect to Distance Learning

Kern County Consortium SELPA
Office of Mary C. Barlow
Kern County Superintendent of Schools
Advocates for Children
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Parents as Teachers

- Dropping kids at school usually rest assured they are taken care of
- Full responsibilities + helping students

You lied.
My kid is not
a joy to
have in class.
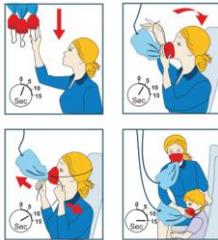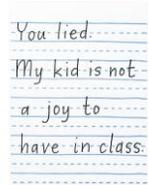
THE OXYGEN MASK PRINCIPLE
YOU MUST TAKE CARE OF YOURSELF BEFORE YOU CAN DO ANYTHING FOR ANYONE ELSE.

Self-Care

- You are not alone
- Make time for yourself
- Ask for help
- Be good to yourself
- We all make mistakes
- Patience

YOU GOTTA NOURISH TO FLOURISH

2020 Study

Percentage of students with 2 or more unsatisfactory marks

Student Group	Q1 2019-2020	Q1 2020-2021	Change
All Middle/High School Students	6%	11%	83% increase
Male Students	7%	14%	100% increase
Female Students	4%	8%	100% increase
Asian Students	2%	4%	100% increase
Black Students	8%	13%	63% increase
Hispanic Students	13%	25%	92% increase
White Students	3%	5%	67% increase
Students with Disabilities	9%	19%	111% increase
English Learner Students	17%	35%	106% increase
Economically Disadvantaged Students	12%	22%	83% increase

*STUDY OF TEACHING AND LEARNING DURING THE COVID 19 PANDEMIC

Learning Environment

Quiet, consistent, clutter-free area
Special, personalized space for learning

Schedules and Routines

- Collaborate with teachers
- Determine specific times, subjects, transitions
- Visual schedule, planner, chalkboard, digital organizer to keep track of what is happening
- Ask for input from kids
- Don't worry about making adjustments if it isn't working

Calendars

- Post a calendar
- Set up due dates with your child
- Color coding
- Expectations

Exercise

- Problem solving, attention, memory
- Naturally reduces stress and anxiety
- Family friendly workouts
- Exercise before school work or during breaks

Distractions

TV, video games, cell phones, tablets, computers, social media, pets, toys, siblings, outdoor noise, doorbell, etc.

Impossible to eliminate all distractions!
Especially at home ☺

Engagement

- Students need a variety of ways to engage and respond
- Display student work
- Change it up
- Input from student

Interests

- Interest inventory
- Use interests to motivate and engage
- Supplement online learning with hands on activities (books, experiments, favorite topics)

Reinforcement

- 4 positives to 1 negative
- We get the behavior we pay attention to

Research Says

INPORTANT

Give feedback on **effort expended**, not ability

Effort Based Feedback

"You included all the elements of the essay; you did a good job using the rubric to write your paper"

Aptitude Based Feedback

"You're so smart! Your paper is great and everything has you need."

Grandma's Rule - Contingencies

Non-Preferred — — — ▶ Preferred

If you eat your peas, **then** you can have ice cream.

Breaks

- Plan breaks into instruction
- Work with teacher to determine when and how
- Break assignments into smaller pieces
- Easier to manage

Observation

- When, where, what, how?
- Parent observer (grades, assignments, attendance)
- Communication with child

Collaborate

- Reach out to teachers with specific questions
- Constant communication
- Use email, text, phone calls, or maybe even video conferencing to connect
- Set up conferencing times to talk about areas of difficulty

Remove Barriers

- Review all materials from school
- If it is a challenge for your child, there are likely other kids struggling too
- If instruction is not engaging, talk with your child's teacher

Providing Choice

Task	Sequence	Material	Location
Choose how to complete task:	Choose order tasks completed:	Choose what materials are used:	Choose where to work:
• Written report • Video format • Brochure • Poster	• Choose which task to work on first, second, etc.	• Colored markers • Crayons • Digital media	• Standing work station • Beanbag chair • Inflatable ball • Outdoors

Why is it Effective?

- Pre-Kindergarten through high school
- Requires little time, money, resources
- Give students some control
- Behavior improves even if options are non-preferred

Questions?

References

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