



August 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------|---|---|--|---|
| | | | | Youth Action Board @ 1 pm |
| BHRS L St. Team: 1 - 3 pm | BHRS L St. Team: 1 - 3 pm Substance Abuse Support Group 11am-12pm Lunch & Gift Card Provided | BHRS L St. Team: 1 - 3 pm DOR 9 am - 4pm | 7 BHRS L St. Team: 1 - 3 pm CVAF w/Alba 2 pm - 3:30 pm | BHRS L St. Team: 1 - 3 pm Mindfulness w/Dianna @ 11am Lunch on Us @ 12 pm |
| 11 BHRS L St. Team: 1 - 3 pm | 12 BHRS L St. Team: 1 - 3 pm Substance Abuse Support Group 11am-12pm Lunch & Gift Card Provided | BHRS L St. Team: 1 - 3 pm Leadership -Lunch & Gift card Offered @ 1pm | Description 14 BHRS L St. Team: 1 - 3 pm One on One w/BC Counselor 10 am - 4pm Renter's Rights in person & Zoom @ 1 pm (see flyer) Cooking w/ Chelsea @ 11am | 15 BHRS L St. Team: 1 - 3 pm Mindfulness w/Dianna @ 11am Lunch on Us @ 12 pm |
| 18 BHRS L St. Team: 1 - 3 pm | 19 BHRS L St. Team: 1 - 3 pm Substance Abuse Support Group 11am-12pm Lunch & Gift Card Provided | BHRS L St. Team: 1 - 3 pm DOR 9 am - 4pm Kern Regional 9am-12pm | BHRS L St. Team: 1 - 3 pm One on One w/BC Counselor 10 am - 4pm Cooking w/Paris @ 11am HIV Information Session 12pm- 1pm / Rapid Testing from 1- 4pm | BHRS L St. Team: 1 - 3 pm Mindfulness w/Dianna @ 11am Lunch on Us @ 12 pm Communication Skills @ 12pm |
| 25 BHRS L St. Team: 1 - 3 pm | 26 BHRS L St. Team: 1 - 3 pm Substance Abuse Support Group 11am-12pm Lunch & Gift Card Provided | BHRS L St. Team: 1 - 3 pm Birthday Cake Celebration @ 11 am Leadership -Lunch & Gift card Offered @ 1pm | 28 BHRS L St. Team: 1 - 3 pm One on One w/BC Counselor 10 am - 4 pm Cooking w/Val @ 11am | BHRS L St. Team: 1 - 3 pm Mindfulness w/Dianna @ 11am Lunch on Us @ 12 pm |