


July 2022

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|---|--|--|------------------------------|---|--|
| | | | | 1 **BHRS L Street Team: 1-3 pm | |
| 4 | 5 | 6 | 7 | 8 | |
|  | **BHRS L Street Team: 1-3 pm | One on One w/B.C. Counselor (10 am - 4 pm @ 1807 building) Lunch On Us @ Noon Dept of Rehabilitation 9 am – 4 pm **BHRS L Street Team: 1-3 pm | Living Proof 12:30 | Cooking Class @ Noon **BHRS L Street Team: 1-3 pm | **BHRS L Street Team: 1-3 pm Leadership w/Eric @ 1pm Gift Card Offered |
| 11 | 12 | 13 | 14 | 15 | |
| **BHRS L Street Team: 1-3 pm | **BHRS L Street Team: 1-3 pm Young Parent Program @ Noon | One on One w/B.C. Counselor (10 am - 4 pm @ 1807 building) Lunch On Us @ Noon Ice Cream Social @ 1:30 pm Dept of Rehabilitation 9 am – 4 pm **BHRS L Street Team: 1-3 pm | Living Proof 12:30 | Basic Apartment 101 @ Noon **BHRS L Street Team: 1-3 pm | **BHRS L Street Team: 1-3 pm |
| 18 | 19 | 20 | 21 | 22 | |
| **BHRS L Street Team: 1-3 pm | **BHRS L Street Team: 1-3 pm Art Class w/Vanessa @ Noon | One on One w/B.C. Counselor (10 am - 4 pm @ 1807 building) Lunch On Us @ Noon Dept of Rehabilitation 9 am – 4 pm **BHRS L Street Team: 1-3 pm | Living Proof 12:30 | Song Writing @ Noon **BHRS L Street Team: 1-3 pm | **BHRS L Street Team: 1-3 pm Leadership w/Eric @ 1pm Gift Card Offered |
| 25 | 26 | 27 | 28 | 29 | |
| **BHRS L Street Team: 1-3 pm | Cooking Class @ Noon **BHRS L Street Team: 1-3 pm Art Class w/Eric @ 3 pm | One on One w/B.C. Counselor (10 am - 4 pm @ 1807 building) Lunch On Us @ Noon Dept of Rehabilitation 9 am – 4 pm **BHRS L Street Team: 1-3 pm | Living Proof 12:30 | **BHRS L Street Team: 1-3 pm | **BHRS L Street Team: 1-3 pm |

Living Proof is a peer led group for anyone struggling with or who has struggled with substance abuse – you're invited!

Young Parents is a peer led group for anyone who would like support while learning the ropes of parenthood – you're invited!