# How to find a Delta Dental dentist



We'll do whatever it takes and then some.

**Greatest potential savings** with a Delta Dental PPO dentist

#### **OUT-OF-POCKET COSTS**

**SAVE MORE** 

SAVE LESS

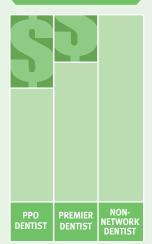




Illustration showing sample enrollee share of cost for information purposes only. Actual dentist fees and contract allowances will vary by region, procedure and by group contract.

## Visit our enhanced online dentist directory at deltadentalins.com

One of the benefits of having a Delta Dental plan is access to one of the largest dentist networks in the nation. We have just enhanced our online dentist directory, making it even easier for you to find a conveniently located dentist.

The Find a Dentist feature at deltadentalins. com now offers:

- Easier navigation and a cleaner display.
- The ability to find a dentist near an address or popular landmark, such as the Golden Gate Bridge or Empire State Building (you can continue to locate a dentist by city or ZIP code as well).
- The ability to conduct a search using keywords, such as the name of a practice (as well as by the dentist's name).
- Faster narrowing of search results by specialty, language and gender.
- Improved toggling between Delta Dental PPO<sup>SM</sup> and Delta Dental Premier® (our open network plans) and DeltaCare® USA (our closed network plan).
- Access from your smartphone or tablet. Delta Dental's online directory also provides a map and driving directions to dental offices; just click on the office address.

# How can seeing a Delta Dental dentist save you money?

When you visit one of the Delta Dental network dental offices nationwide, your

do not have a user name and password, you'll need to complete a quick one-time registration process. Click "Register Today" to begin.

#### Print an ID card

available online

An ID card is not required to visit a Delta Dental dentist; however, you may print one by logging in and following the prompts.

out-of-pocket expenses can be lower. Delta

Dental dentists agree to fees determined by

services that should be included in the cost

all claim forms and other paperwork for you

us. They also agree not to charge extra for

of treatment. Delta Dental dentists handle

free of charge. Because we pay network

for your portion of the bill (coinsurance,

deductibles, amount over the annual

maximum and non-covered services).

Eligibility and benefits are also

dentists directly, you are responsible only

Just log in by entering your user name and

password in the designated boxes. If you

\*In Texas, we offer Dental Provider Organization (DPO) plans.

Please review your Evidence of Coverage, Summary Plan Description or Group Dental Service Contract for specific details about your plan.



WE KEEP YOU SMILING®

#### WE KEEP YOU SMILING®

Why do 59 million enrollees trust their smiles to Delta Dental?\*

- More dentists
- Simpler process
- Less out-of-pocket

# SmileWay® Wellness Program

Find all of our dental health resources, including risk assessment quizzes, articles, videos and a free e-newsletter subscription, at mysmileway.com.

# Connect with us!

facebook.com/deltadentalins twitter.com/deltadentalins youtube.com/deltadentalins

#### **Product administration**

Delta Dental includes these companies in these states: Delta Dental of California - CA • Delta Dental of Pennsylvania – PA & MD ● Delta Dental of West Virginia – WV ● Delta Dental of Delaware, Inc. – DE • Delta Dental of the District of Columbia, Inc. - DC • Delta Dental of New York, Inc. -NY • Delta Dental Insurance Company – AL, FL, GA, LA, MS, MT, NV, TX, UT

\*Delta Dental of California, Delta Dental of Pennsylvania and Delta Dental Insurance Company, together with our affiliate companies and Delta Dental of New York, are members, or affiliates of members, of the Delta Dental Plans Association, a network of 39 Delta Dental companies that together provide dental coverage to more than 59 million people in the U.S.

# Check out our new wellness resource



The SmileWay Wellness Challenge provides recommendations for how to participate in the program by taking advantage of the extensive resources available on our SmileWay Wellness site.

# 1. Review your habits

Take one or both of our interactive quizzes to see if you are at risk for cavities or gum (periodontal) disease. When you receive your quiz results, you can sign up to receive customized emails based on your risk level.

#### 2. Get educated

Read any of the 100+ articles on dental health-related topics everything from acid reflux to x-rays. We also have a variety of short videos on specific topics.

# 3. Stay informed

Receive regular dental health tips and information from us by:

- a. signing up for the Grin! newsletter (emailed quarterly)
- b. connecting with us on Facebook
- c. following us on Twitter

All of this is accessible from our SmileWay Wellness site at **mysmileway.com**. Bookmark the page so you can refer to it frequently.

### Questions about oral health?

If you've got questions about oral health, be sure to check out our SmileWay Wellness **Site** for answers. We've compiled an extensive library of articles on oral health topics from amalgam fillings to x-rays and just about every oral health topic in between.

#### Mouth-body connection

- Diabetes and oral health
- Heart disease and oral health
- Men's and women's oral health
- Stress and oral health

#### **Preventive care**

- Brushing and flossing
- Fighting bad breath
- Choosing a toothbrush

# **Emergency care**

- Dental care when traveling
- Handling dental emergencies

# Kids & teens

- Baby bottle tooth decay
- Children's oral health
- Teens' oral health

- Dentures
- · Seniors' oral health

#### **Dental treatments**

- Amalgam and resin fillings
- Braces
- Dental implants
- Sealants

### Conditions

- Drv mouth
- Mouth sores
- Sensitive teeth
- TMJ

# Nutrition

- Diet and diabetes
- Snacking on the go
- Vegetarian diet
- What to eat to keep your teeth



deltadentalins.com/enrollees