

# 2023 YES! Conference Planning Survey for Students

Please take a few minutes to tell us what activities, workshops, and options you would like to see for the upcoming YES! Conference in March 2023! If you've attended a YES! Conference before, you can share your prior experience or what you think the event should do again. If you've never attended a YES! Conference before, you can share your thoughts, expectations, and suggestions for what you would like to see!

1. **What grade are you in?**

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2. **Have you attended a YES! Conference before?**

*Mark only one oval.*

Yes

No

Don't know

3. **How long should the conference be?**

*Mark only one oval.*

Half a day (10am-12pm)

Full day (9am-3 pm)

4. **How do you want to be engaged at the YES! Conference? Check all that apply.**

*Check all that apply.*

- Motivational Speakers
- Hands-On Activities
- Interactive Workshops
- Resources Fair with Service Providers
- Self-Expression Through Art
- Spoken Word Opportunities (Singing, poems, storytelling)
- Live Music
- Meet Other Students
- Carnival Games
- Drawings for Prizes
- Self-Care Activities
- Yoga
- Hear Presentations by Youth Attendees/Peers
- Dancing

5. **Do you have another idea? Please tell us!**

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6. **What kind of food would you like for lunch?**

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7. **What are some workshop topics you WOULD be interested in attending at the Conference? Check all that apply.**

*Check all that apply.*

- Leadership Skills
- How to Deal with Depression/Anxiety
- How to Deal with Anger
- Transition Support (AB 12, housing, etc.)
- Money for College
- Goal Setting
- Career Exploration
- Self-Care
- Cooking for Yourself
- Finding a Mentor
- Handling Stress
- Building Self-Esteem & Confidence
- Preparing & Applying for College
- Healthy Relationships
- How to Get a Job
- Finding New Hobbies
- Time Management
- Personal Growth
- Managing Money & Budgeting
- How to Volunteer in Your Community

8. **Do you have another idea for a workshop topic? Please tell us!**

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9. **Are there any other recommendations, suggestions, or thoughts you would like to share to make the YES! Conference a fun event for you?**

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10. **Are you interested in being on the YES! Planning Committee with other YES! youth members?** If so, please leave your name and email address and we will contact you about this opportunity!

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Welcome!

YOUTH EMPOWERING SUCCESS -

Youth Advisory Board

**YES!**

YOUTH EMPOWERING SUCCESS

# Today's Plan

01

Welcome &  
Introductions

02

Group Norms

03

YES! Youth  
Advisory Board

04

Overview of the  
YES! Conference

05

Conference  
Planning & Voting

06

Next Meeting  
Dates

# Introductions!

Name Game!

Introduce yourself and name a positive attribute that begin with the same letter as the first letter of your name!



# Group Norms!



Keep it Confidential!

There's "no" right answers.

Respect Each Other!



Right to Pass.

Can you think of any others?



Listen to others as they speak!



# Annual YES! Conference: *An Event Dedicated to Supporting Foster Youth with Foster Youth*



A day for youth to interact with other youth throughout Kern County!

Includes nationally ranked motivational speakers, interactive workshops, and the ability to walk away feeling as if YOU can make a difference in your school, community, and the world...because YOU CAN!

# Youth Advisory Board

## What's it all about?

- Make decisions on what you would like to see for the YES! Conferences
- Speak up on things you would like to change in the YES! Conferences
- Recommend ideas for prizes and opportunity drawings.
- Identify resources to have at the Resource Fair!
- Make the YES! Conference even more exciting for youth this year!
- Build a Comfort Room for the conference
- Receive updates from the YES! Planning Committee - some items may need your approval to pass!

# What's in it for YOU!

Let your voice be heard!

Being part of the YES! Youth Advisory Board you will be able to meet and network other young individuals that are part of YES!

Together, you will:

- Enter a opportunity drawing at each meeting.
  - The more meetings you participate in, the more opportunities you will get to win a GRAND prize at the last YES! Youth Advisory Meeting!
- Develop leadership skills
- Brainstorm new ideas for first-time attendees
- Be formally recognized at the YES! Conference
- Receive a certificate for your accomplishment & a personalized letter from our director for your job resume & college applications!
- Best of all - You will make a difference!



Become an Empowered YES! Leader!



Let's Get Started  
on Planning!



Survey Results from our chapters...

Every year, we have a big theme for our conference. We need your help on picking your favorite theme for this year's conference!

1. In 2023, It Starts with Me
2. Empowering My Future
3. Igniting My Future
4. My Future Starts Today

Vote on your  
favorite theme!

A

B

C



A



B



C





# A



# B



# C



# A



# B



# C



# D



# E



# F



A



B



C



D



E



A



FI  
CO  
PF  
Avai

ty and Match your Can an

B



C



D





Prize Drawing Time!

# Next Meeting Dates

- January 23, 2023
- February, 7 2023
- February 22, 2023
- March 1, 2023
- March 15, 2023

Thank you for joining us!

YOUTH EMPOWERING SUCCESS -

Youth Advisory Board

**YES!**

YOUTH EMPOWERING SUCCESS



Kim Silva  
[kisilva@kern.org](mailto:kisilva@kern.org)

Yury Peralta  
[yuperalta@kern.org](mailto:yuperalta@kern.org)

Next Meeting:

January 23rd!

# YES! Conference Youth Advisory Board - Conference Item Survey

The YES! Conference Planning Committee needs your help! Below are questions about **which kinds of pizza and vendors** you would like to have at the Conference. Some questions will ask for your favorite 3 and some will ask you to choose any that you like.

**If you do not like any of the items, please select "I don't like any of these."** We also put in a comment box at the end for you to share your ideas and suggestions!

If you would like to be placed in the drawing for a grand prize in March, please type your name and phone number we can contact you at!

Thank you!

\* Indicates required question

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1. **PIZZA!** Students voted and pizza received the most votes. Bakersfield College has a fantastic pizza kitchen and we would like to know what are your favorite topping combinations. \*

Vote for 3 of your favorite pizza combos!



*Check all that apply.*

- Cheese
  - Pepperoni
  - Pepperoni and Sausage
  - Combination
  - Meat Lovers (pepperoni, Italian sausage, ham, bacon, seasoned pork and beef)
  - Veggie (Everything from peppers and mushrooms, to tomatoes and onions.)
  - Hawaiian Pizza (pineapple and ham)
  - Vegan
  - I don't like any of these.
2. Didn't see your favorite pizza combo above? Tell us what pizza toppings you would like.

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3. **In surveys, students asked for more healthy options for snacks and lunch.**

In addition to salad and fruit, what healthy food and drinks would you like at the conference?



We will be offering more healthy options for attendees in 2023 like salad & fruit salad!

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4. **Every year, we have a Vendor Fair during lunch for students to learn about services and get their questions asked. We need your help on picking which types of agencies and programs you would like to see at this year's conference!** \*

Vote for ANY of the categories below you like!

*Check all that apply.*

- Financial (Banks, Taxes)
- Legal (Greater Bakersfield Legal Assistance)
- Housing (Aspiranet THP+FC, Covenant & Building Blocks)
- Transportation (GET Bus, Bike Bakersfield)
- Foster Youth Services (Dream Center, Independent Living Program, Probation, AB 12 Services)
- Mental Health & Self Care (Behavioral Health, Transitional Age Youth, Clinica Sierra Vista Behavioral Health)
- LGBTQ+ Youth Resources (The Center for Sexuality & Gender Diversity)
- Medical & Sexual Health (Planned Parenthood, Dept. Of Public Health, Clinica Sierra Vista)
- Youth Substance Abuse Services (Behavioral Health, Transitional Age Youth)
- Youth With Disabilities (Independent Living Center of Kern County, Department of Rehabilitation)
- Pregnancy & Parenting (Bakersfield Pregnancy Center)
- Employment (EPIC, America's Job Center, Department of Rehabilitation)
- Career Exploration & Job Readiness (Kern ROC, Department of Rehabilitation, BC Career Technical Education Program, EPIC, JobCorps)
- Educational Support (Foster Youth Services, Kern Literacy Council, Youth 2 Leaders; Kern Tutoring)
- Higher Education (BC Next Up, CSUB Guardian Scholars, Taft College)
- I don't like any of these.

5. **Is there an agency or program you would like us to invite to the vendor fair?**

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6. **Are there any other recommendations, suggestions, or thoughts you would like to share to make the YES! Conference a fun event for you?**

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7. **If you would like to have your name entered into a drawing for a grand prize in March 2023 for participating in the YES! Conference Youth Advisory Committee,** please type your name and best phone number we can reach you at.
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# 2023 YES! Conference Planning Survey for Students

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1. **What grade are you in?**

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2. **Have you attended a YES! Conference before?**

*Mark only one oval.*

Yes

No

Don't know

3. **How long should the conference be?**

*Mark only one oval.*

Half a day (10am-12pm)

Full day (9am-3 pm)

4. **How do you want to be engaged at the YES! Conference? Check all that apply.**

*Check all that apply.*

- Motivational Speakers
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- Resources Fair with Service Providers
- Self-Expression Through Art
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- Live Music
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5. **Do you have another idea? Please tell us!**

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6. **What kind of food would you like for lunch?**

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**7. What are some workshop topics you WOULD be interested in attending at the Conference?  
Check all that apply.**

*Check all that apply.*

- Leadership Skills
- How to Deal with Depression/Anxiety
- How to Deal with Anger
- Transition Support (AB 12, housing, etc.)
- Money for College
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- How to Volunteer in Your Community

**8. Do you have another idea for a workshop topic? Please tell us!**

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9. **Are there any other recommendations, suggestions, or thoughts you would like to share to make the YES! Conference a fun event for you?**

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10. **Are you interested in being on the YES! Planning Committee with other YES! youth members?** If so, please leave your name and email address and we will contact you about this opportunity!

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# YES! Conference Youth Advisory Board - Conference Item Survey

The YES! Conference Planning Committee needs your help! Below are questions about which conference theme, shirts, bags, and other items are your favorites. Please answer each question. Some questions will have pictures with a letter and the answers will describe what the item is for each letter.

If you do not like any of the items, please select "I don't like any of these." We also put in a comment box at the end for you to share your ideas and suggestions!

If you would like to be placed in the drawing for a grand prize in March, please type your name and phone number we can contact you at!

Thank you!

\* Indicates required question

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1. **Every year, we have a big theme for our conference. We need your help on picking your favorite theme for this year's conference!** \*

Vote on your favorite theme!

*Mark only one oval.*

- In 2023, It Starts with Me
- Empowering My Future
- Igniting My Future
- My Future Starts Today
- I don't like any of these

2. Every year, we have a different YES! Conference t-shirt. We need your help on picking <sup>\*</sup> your favorite t-shirt design for this year's conference!

Vote on your favorite t-shirt!



Mark only one oval.

- A - Yellow
- B - Rainbow Tie-Dye
- C - Blue Tiger Stripe Tie-Dye
- I don't like any of these

3. Every year, we have a different YES! Conference backpack. We need your help on picking your favorite type of backpack or fanny-pack for this year's conference! Vote on your favorite bag design!  
Vote on your favorite bag design!

\*



Mark only one oval.

- A - Rainbow Tie-Dye
- B - Solid Color Fanny-Pack
- C - Blue Tie-Dye Fanny-Pack
- I don't like any of these

4. Every year, we have a different YES! Conference pen or pencil. We need your help on picking your favorite type of pen or pencil for this year's conference! \*

Vote on your favorite pen or pencil design!



Mark only one oval.

- A - Gel Pen
- B - 4-Color Retractable Ballpoint Pen
- C - Mechanical pencil
- I don't like any of these

5. Every year, we have a different YES! Conference accessories for you to wear the rest of the year. We need your help on picking your TOP 3 favorite accessories for this year's conference! \*

Choose 3 accessories that are your favorite!



Check all that apply.

- A - Enamel Pin
- B - Bucket Hat
- C - Croc Jibbitz Charms
- D - Sunglasses
- E - Rainbow Headband & Wristband Set
- F - Workout Headband
- I don't like any of these

6. Every year, we have a different YES! Conference fun items for you to have the rest of the year. We need your help on picking your TOP 3 favorite items for this year's conference!

Choose 3 items that are your favorite!



Check all that apply.

- A - Bookmark
- B - Beanbag Key Chain
- C - Glow In The Dark Frisbee
- D - Plastic Drinking Cup & Straw
- E - Keychain Flashlight
- I don't like any of these

7. Every year, we have a different YES! Conference fun items for you to have the rest of the year. We need your help on picking your TOP 2 favorite fidget toys items for this year's conference!

Choose 2 fidget toys that are your favorite!



Check all that apply.

- A - Fidget Spinner
  - B - Fidget Spinner Power Bank
  - C - Fidget Putty
  - D - Squishy Fidget Toy
  - I don't like any of these
8. Are there any other recommendations, suggestions, or thoughts you would like to share to make the YES! Conference a fun event for you?

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9. If you would like to have your name entered into a drawing for a grand prize in March 2023 for participating in the YES! Conference Youth Advisory Committee, please type your name and best phone number we can reach you at.

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# YES! Conference Youth Advisory Board - Conference Item Survey

The YES! Conference Planning Committee needs your help! Below are questions about **what kind prizes you would like a chance to win and what you would like the comfort room to look like** at the Conference.

**If you do not like any of the items, please select "I don't like any of these."** We also put in a comment box at the end for you to share your ideas and suggestions!

If you would like to be placed in the drawing for a grand prize in Mid-March, please type your name and phone number we can contact you at!

Thank you!

\* Indicates required question

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1. **PRIZES! We are working on getting donations and purchasing prizes that you will have the opportunity to win at the conference, but we need your help making sure we select the right prizes** \*

Vote for any of the prize ideas below that you like!



*Check all that apply.*

- Bike
- Scooter
- Laptop
- Printers
- Art supplies basket
- Anime themed basket
- Gift cards
- Movie basket
- Electronics/Headphones/Earphones/Speakers
- Gaming Consoles
- School Supplies
- Music basket
- Sports Equipment
- I don't like any of these

2. **Tell us what other kinds of prizes you would like that are not in the list above.**

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## The Comfort Room at the Conference

Each year, we host a comfort room for students who may need to take a break from the conference, be in a room where you can relax, and speak to a supportive adult. We need your help creating a Comfort Room that will provide a gentle, safe place for students.

Can you help us design the room by answering the questions below from your own experiences?

### 3. What are some activities you have enjoyed in the past that helped you calm down when you are having a hard day? \*

Check all the ones you like to do.

*Check all that apply.*

- Calming music
- Yoga/stretching
- Drawing or other art activities
- Talk with a supportive adult
- Practice breathing techniques
- Seeing nature or hearing nature sounds
- White Boards/brown paper for writing
- Clay/Kinetic sand
- I don't like any of these
- Other: \_\_\_\_\_

### 4. Can you suggest other activities?

\_\_\_\_\_

5. **What are some furniture pieces that would be comforting to see and enjoy in the room?**

Check all the ones you would think would be helpful.

*Check all that apply.*

- Lamps with different colors/bubble lamps
- Sensory lights
- Bean bag chairs
- Plants
- Weighted blankets
- Blankets and Pillows
- Soft floor pillows
- I don't like any of these
- Other: \_\_\_\_\_

6. **What other furniture pieces or room items can you suggest?**

\_\_\_\_\_

7. **What are some other items and decorations that would help the room feel relaxing?**

Check all the ones you think are most relaxing for you.

*Check all that apply.*

- Aroma therapy in the room (scents you can smell)
- Dimmed lights
- Written affirmations
- Stuffed animals
- Scented lotions/oils
- Stress balls in a variety of shapes, sizes, and textures
- Puzzles
- I don't like any of these
- Other: \_\_\_\_\_

8. **What other relaxing components can you suggest?**

\_\_\_\_\_

9. **Are there any other recommendations, suggestions, or thoughts you would like to share to make the YES! Conference a fun event for you?**

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10. **If you would like to have your name entered into a drawing for a grand prize in March 2023 for participating in the YES! Conference Youth Advisory Committee, please type your name and best phone number we can reach you at.**

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