

2025-2026 PARENTING CLASSES

SAVE THE DATES



Changing Destructive Adolescent Behavior (CDAB) is a weekly program designed for parents raising difficult or out-of-control adolescent children, ages 10 and up. CDAB provides concrete, no-nonsense solutions to even the most destructive of adolescent behaviors.

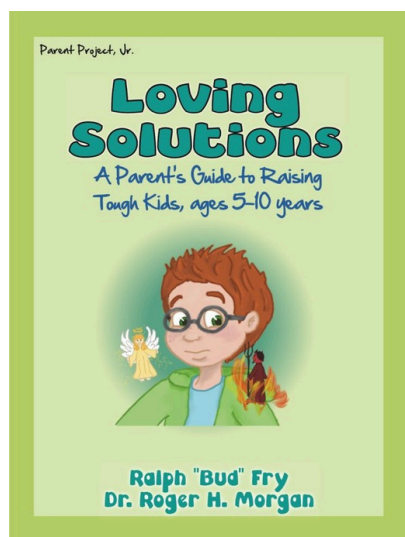
7-week Course; Tuesdays

Dates:

- 10/7/25 - 11/18/25
- 1/13/26 - 2/24/26
- 4/14/26 - 5/25/26

Cost: Free

Location: Virtual training via ZOOM



Loving Solutions helps parents learn about managing behavior in young children through structure and consistency. This 10-session training program is designed specifically for parents finding difficulties raising younger children, ages 5-10 years.

10-week Course; Thursdays

Dates:

- 4/16/26 - 6/18/26

Cost: Free

Location: Virtual training via ZOOM



ANY QUESTIONS, PLEASE CONTACT :

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