

Keep me home if...



I'm vomiting.



2 or more times in 24 hours.

I have head lice.



AND have not had my first treatment yet.

I have diarrhea.



2 or more watery stools more than usual.

I have an eye infection.



Red eyes with white or yellow mucus AND haven't seen a doctor yet.

I have a sore throat.



With fever or swollen glands.

I'm just not feeling very good.



Unusually tired, pale, lack of appetite, confused cranky or in pain.

I have a rash.



AND fever or mouth sores with drooling.

We have a fever.



AND sore throat, cough, rash, vomiting, diarrhea, pain or just not feeling good.

WHEN YOUR CHILD IS SICK:

1. HAVE PLANS FOR BACK UP CHILD CARE.
2. TELL YOUR CAREGIVER ABOUT YOUR CHILD'S SIGNS OF ILLNESS, EVEN IF YOUR CHILD STAYS HOME.

Thanks to the Seattle-King County Department of Public Health and The California Childcare Health Program for this information.