We're here to ensure ALL families have support

The COVID-19 pandemic has disrupted our routines and way of life. Families have been hit the hardest and have had to juggle. As our children return to school, we know families throughout our community are adjusting to distance learning.

This latest change can bring about big feelings for both children and parents. It's completely normal to feel stressed, frustrated or anxious, and KernBHRS has a variety of services available to help children and their families navigate their feelings.

If you notice a student or family who may need additional support during this time, please reach out to the geographic provider at the number listed on the back of this flyer. If you need additional assistance you can also reach us at **661-868-8300**.



Crisis Hotline 1-800-991-5272 Substance Use Division Access Line 1-866-266-4898

Services

- Assessments
- Individual & family therapy
- School-based rehabilitation services
- Crisis intervention services
- Case management
- Community-based services
- Skill building
- Therapeutic behavioral services
- Substance use treatment
- Psychiatric evaluation & medication management
- Referrals and coordinated care with other agencies and resources

Connect to our providers

We have providers located throughout Kern County ready to help you and your child navigate their behavioral health needs. To find a provider near you, use the geographic locations below:

Area I Covering Delano, McFarland & Pond Child Guidance 661-725-1042	Area 2 Covering Shafter, Buttonwillow, Lost Hills, Wasco & Semitropic College Community Services 661-758-4029	Area 3 Covering Taft & Surrounding Areas College Community Services 661-765-7025
Area 4 Covering West Bakersfield Child Guidance 661-322-1021	Area 5 Covering North Bakersfield Child Guidance 661-393-5836	Area 6 Covering Kern Mountain & Lake Isabella College Community Services 760-379-3412
Area 7 Covering Ridgecrest (North Desert) College Community Services 760-499-7406	Area 8 Covering Tehachapi College Community Services 661-822-8223 Covering Rosamond, Mojave, California City & Boron College Community Services 661-824-5020	Area 9 Covering Arvin & Lamont Clinica Sierra Vista 661-845-5100 Covering Frazier Park Clinica Sierra Vista 661-245-0250
Area IO Covering Central/Southeast Covering East Bakersfield		

Covering Central/Southeast Bakersfield

> Clinica Sierra Vista 661-397-8775

Area II Covering East Bakersfield KernBHRS 661-868-6750



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