

# ...Making the Connection

## HEALTH & SAFETY TRAINING CLASSES

These are referrals not recommendations.

Please ask to see your trainer's EMSA (Emergency Medical Services Authority) Certification and be sure it is current.

### CPR/FIRST AID AND PREVENTATIVE HEALTH AND SAFETY

#### **Delano Regional Hospital**

Delia Godinez (661)721-5683 Offers all components of Health & Safety mandate and both English & Spanish classes; EMSA Exempt (Certified by the American Heart Association).

#### **Life Track & Associates**

Dorothy Martinez (661)833-0033 Email: [liftrcka@sbcglobal.net](mailto:liftrcka@sbcglobal.net)  
Offers all components of Health & Safety mandate and both English & Spanish classes.

#### **Star CPR & Advanced Life Support**

Cindy Smith-Berman (661)822-8600 Offers CPR/First Aid Training (1<sup>st</sup> Saturday of each month) English only class located in Tehachapi. (Certified by the American Heart Association).

#### **Westec (Taft College) (EMP America)**

(661)387-1055 Offers all components of Health & Safety mandate. All components offered in English & Spanish (Hwy. 99 & Lerdo Hwy.).  
Online: [www.westec.org](http://www.westec.org)

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