

WHAT IS IT?

A 10-16 week parent training program designed specifically for parents of strong-willed or out-of-control children. The curriculum teaches parents how to stop negative behaviors (poor school attendance and performance, alcohol and other drug use, gangs, runaways, and violent teens), and how to open positive two-way communication with the child.

HOW DOES IT WORK?

Parents attend and learn in a classroom setting to manage teen behavior problems at home.

The focus of the program is to help parents learn specific ways to help change negative behavior.

An activity based 216-page workbook, "A Parent's Guide to Changing Destructive Adolescent Behavior," is available *only* to program participants.

Parents meet one time per week, two to three hours per session, between 10-16 weeks.

Parent support groups are formed using the UCLA, Self-Help Support Group model.

WHO SPONSORS AND TEACHES THE PROGRAM?

The Parent Project® is presented by Schools, Police and Probation Departments, Mental Health Agencies, Churches and other Community Based Organizations.

There are over 3,500 trained facilitators in 36 states across the U.S., who have successfully completed to 40-hour *Parent Project®* Facilitator Training

There are over 300 trained *Parent Project®* Facilitators in Kern County

WHY THE PARENT PROJECT®?

Thirteen years in development, the *Parent Project®* is the only course of its kind. It was developed in direct response to the questions and challenges parents say they are facing with their strong-willed teenager.

Over 150,000 families have attended *Parent Project®* classes nationwide.



CLASSES CURRENTLY OFFERED:

<u>Location</u>	<u>Class Starts</u>
Almond Tree Middle School TBA [info TBA] • Contacttba	
Bakersfield High School October 9, 2018 1241 G St., Bakersfield Tuesdays, 6 – 9 p.m., 10-week course, English/Spanish course Free enrollment, contains "teen component" • Sandra Pacheco, Tere Quintana, Jesus Salas, Juan Romero, Fabiola Herrera..... (661) 324-9841	
Bear Mountain Elementary September 25, 2018 1501 Hood St., Arvin Tuesdays 4:30 – 6:30p.m.; English/Spanish 10-week Course Child care, refreshments available • Stephanie Nava (661) 854-6590	
Blanton Education Center November 6, 2018 315 E. 18 th Street, Bakersfield Tuesdays & Thursdays 10a.m. – 12p.m.; English 5 week Course Lunch will be provided • Alpha Nesbitt or Kevin Keyes..... (661) 852-5760	
Community Learning Center – 34th Street TBA [info TBA] • Contact TBATBA	
Centennial High School TBA [info TBA] • Contact TBATBA	
Community Action Partnership of Kern TBA [info TBA] • Contact TBATBA	
Dignity Health Center TBA [info TBA] Contact TBA.....TBA	

East Bakersfield High School TBA [info TBA] • Contact TBA TBA
El Camino Real Elementary TBA [info TBA] • Contact TBA TBA
Fairfax School District TBA [info TBA] • Contact TBA TBA
Foothill High School TBA [info TBA] • Contact TBA TBA
Golden Valley High School October 4, 2018 801 Hosking Ave., Bakersfield Thursdays 6-9 p.m., English/Spanish course 10 week course Free enrollment, contains Teen Component • Wendy Akins or Jane Hurttgam (661) 827-0800 ext. 67812
Haven Drive Middle School September 26, 2018 341 Haven Dr., Arvin English 10-week Course; Wednesdays 4:30 – 6:30 p.m Child care, refreshments available • Christian Munoz (661) 854-6540
Kern High School District TBA [info TBA] • Contact TBATBA
McFarland School District TBA [info TBA] • Contact TBATBA
North High School TBA [info TBA] • Contact TBATBA
North Kern Community School TBA [info TBA] • Contact TBATBA
Richland School District TBA [info TBA] • Contact TBATBA
South Fork Middle School TBA [info TBA] • Contact TBATBA

CLASSES CURRENTLY OFFERED (continued):

- South High School** TBA
[info TBA]
• Contact TBA TBA
- Walter Stiern Middle School** TBA
[info TBA]
• Contact TBA TBA
- West High School** TBA
[info TBA]
• Contact TBA TBA

WHO SHOULD ATTEND?

Parent and Guardians of strong-willed or out-of-control teens

REGISTRATION FEE:

A registration fee may be required and should be received before the class begins

A small fee for materials and food may be required, depending on the sponsoring district or agency. This fee can be waived if necessary; please speak to the site Parent Project facilitator for more details and options.

LOCATION:

Various sites in Kern County, California. See list of locations on other side of pamphlet or go to www.kernstayinschool.org (TRACK) website for an updated parenting class list

FOR MORE INFORMATION:

Leticia Limon, Program Supervisor – Project 180
Kern County Superintendent of Schools Office
(661) 852-5660

Or visit www.kernparentproject.org
National Company – visit www.parentproject.com or call
(800) 372-8886

OTHER RESOURCES:

For other parent resources and support services, please go to the “Parents at Partners” website of the Kern County Superintendent of Schools Office at www.kern.org – click on Parents as Partners link.

~Revised: 9/11/2018 4:40 PM~

**Tuancny Reduction & Attendance Coalition
of Kern (T.R.A.C.K.),
Kern High School District and
Kern County Superintendent of Schools
Office**

presents:



Upcoming Parent Class Offerings



**Is your family worth on day?
Give us 24 hours.
We promise it will change your life.**