

WHAT IS IT?

A 10 to 16-week parent training program designed specifically for parents of strong-willed or out-of-control children.

The curriculum teaches parents how to stop negative behaviors (poor school attendance and performance, alcohol and other drug use, gangs, runaways, and violent teens), and how to open positive two-way communication with the child.

HOW DOES IT WORK?

Parents attend and learn in a classroom setting, to manage teen behavior problems at home.

The focus of the program is to help parents learn specific ways to help change negative behavior.

An activity based 216-page workbook, "A Parent's Guide to Changing Destructive Adolescent Behavior," is available *only* to program participants.

Parents meet one time per week, two to three hours per session, for between 10 – 16 weeks.

Parent support groups are formed using the UCLA, Self-Help Support Group model.

WHO SPONSORS AND TEACHES THE PROGRAM?

The Parent Project® is presented by Schools, Police and Probation Departments, Mental Health Agencies, Churches and other Community Based Organizations.

There are over 3,500 trained facilitators in 36 states across the U.S., who have successfully completed the 40-hour *Parent Project*® Facilitator Training.

There are over 300 trained *Parent Project*® Facilitators in Kern County.

WHY THE PARENT PROJECT®?

Thirteen years in development, the *Parent Project*® is the only course of its kind. It was developed in direct response to the questions and challenges parents say they are facing with their strong-willed teenager.

Over 150,000 families have attended *Parent Project*® classes, nationwide.



CLASSES CURRENTLY OFFERED:

| <u>Location</u> | <u>Class Starts</u> | |
|---|-------------------------|-------------------------|
| Almond Tree Middle School | February 7, 2018 | |
| Wednesdays, 6:00 p.m. to 8:30 p.m., 200 W. 15 th Ave., Delano No-cost tuition, Child care and dinner provided | | |
| • Caterina Medina(661) 721-3641 ext 01216 | | |
| • Ariany Cespedes.....(661) 721-3641 ext 01215 | | |
| Bakersfield High School | October 31, 2017 | |
| Spanish Classes | | October 31, 2017 |
| Parent Class | | |
| 10:00 a.m. to 1:00 p.m., 1241 G. St., Bakersfield – Parent & Family Center IT103 | | |
| • Tere Quintana (English/Spanish) | | (661) 324-9841 |
| Bear Mountain Elementary | November 1, 2017 | |
| 1501 Hood St., Arvin 93203 Loving Solutions in English and Spanish for parents of young children (ages 5-10) 5:00 p.m. to 7:00 p.m. | | |
| • Marilyn Munoz | | (661) 854-6590 |
| Beardsley School District | TBA | |
| 5:00 p.m. to 8:00 p.m., Child Care and Dinner Provided Loving Solutions in English and Spanish for parents of young children (ages 5-10) Beardsley Elementary Cafeteria, 900 Sanford Dr., Bakersfield | | |
| • Jamie Garner | | (661) 393-8550 |
| CLC - Tech | October 24, 2017 | |
| 5:30 pm to 7:30 pm, No Cost Tuition, CLC – Tech cafeteria 300 E. Truxtun Ave, Bakersfield Parent class offered in English and Spanish | | |
| • Leticia Limon..... | | (661) 852-5660 |
| CCS Wasco | TBA | |
| 29325 Kimberlina Rd, Wasco, CA Saturdays 9:00am to 12:00 pm | | |
| • Contact | | (661) 758-4029 |
| Clergy. Cops. Community. | January 23, 2018 | |
| Location TBA Tuesdays & Thursdays 6:00 – 8:30 pm | | |
| • Alpha Nesbitt/Kevin Keyes | | (661) 852-5665 |
| Centennial High School | TBA | |
| 8601 Hageman Rd, Bakersfield Parent class offered in English | | |
| • Matt Gwen | | (661) 588-8601 |

Dignity Health Outreach Center March 5, 2018

1627 Virginia Ave, Bakersfield CA
6 – 8pm, dinner, transportation and child care provided
Parent class offered in English
• Cece Ramos

Edison Middle School.....TBA

Tuesdays, 4:30 p.m. to 7:30 p.m., No Cost Tuition
Child Care and Dinner Provided
• Lezzli Thomas.....

El Camino Real Elementary February 22, 2018

Classes offered in English and Spanish
Thursdays, 5 – 7pm
• Marilyn Munoz

Fairfax School District.....TBA

6:00 p.m. to 9:00 p.m. 6327 Zyper Ln., Bakersfield
Tuesday, Wednesday, and Thursday 8:30 am to 11:30 am
Tuesday and Thursday 6:00 pm to 8:00 pm
• Jose Quintero

Foothill High SchoolTBA

6:00 pm to 9:00 pm, 501 Park Dr., Bakersfield, No Cost Tuition
English classes on Tuesdays starting October 4, 2016
Spanish classes on Thursdays starting October 6, 2016
Daisy Vargas

Friendship House Community CtrTBA

Parents on a Mission
6:00 pm to 8:00 pm, Thursdays – October 13th, 20th, & 27th
No Cost Tuition, Dinner provided on the first night
Ruby Muzquiz.....

Golden Valley High School September 27, 2017

801 Hosking Avenue, Bakersfield in the Library
Wednesdays 6:00 p.m. to 9:00 p.m.
Parent class offered in English and Spanish
• Jane Gibbel or Wendy Akins (English) (661)827-0800 ext.67812

Golden Valley High School January 18, 2018

801 Hosking Avenue, Bakersfield in the Library
Thursdays 6:00 p.m. to 9:00 p.m.
Parent class offered in English and Spanish
• Jane Hurrigam or Wendy Akins (English) (661)827-0800 ext.67812

Kern High School District August 30, 2017

5801 Sundale Avenue Starrh Classroom
English and Spanish classes Thursdays 6-9pm
Elvira De La Torre (English)

Kern High School District October 11, 2017

5801 Sundale Avenue Starrh Classroom
English and Spanish classes Thursdays 6-9pm starting October 11, 2017
• Elvira De La Torre (Spanish/English)

Kern High School District February 7, 2018

5721 Sundale Avenue Starrh Lab
English/Spanish classes
Wednesdays 6 – 9 pm
• Elvira De La Torre (Spanish/English)

- Debi Simpson or Alpha Nesbitt.....(661) 832-2822
- Johnny Amesquita or Judith Sanchez ..(661) 832-2822 ext78850/78612

CLASSES CURRENTLY OFFERED
continued

Lamont/Weedpatch TBA
5:00 p.m. to 8:00 p.m., Wednesdays
Family Resource Center, 7839 Burgundy Avenue, Lamont, CA
Free Child care provided
Parent class offered in English and Spanish
• Mercedes Munoz Wilson.....(661) 845-2724

McFarland Area..... TBA
5:00 p.m. to 8:00 p.m., McFarland Family Resource Center, 410 E. Perkins Ave.
Parent class offered in English and Spanish
• Lori Schultz.....(661) 792-3178

North High School
Parent classes offered in English & Spanish TBA
Teen Component offered in English..... TBA
6:00 p.m. to 9:00 p.m., Room 75, 300 Galaxy Ave., Bakersfield
• Deb Schmidt.....(661) 399-3351

North Kern Community School TBA
Thursdays, 5:30 p.m. to 8:30 p.m., 1915 Cecil Ave., Delano
Dinner and Child Care Provided
Parent classes offered in English and Spanish
• Becky Williams(661) 721-2130 ext. 25

Richland School District**November 1, 2017**
Redwood Elementary School
331 N. Shafter Ave, Shafter, CA 93263
5:00 p.m. to 7:00 p.m. – No Cost
Loving Solutions Parenting Class offered in English and Spanish
• Paola Araiza(661) 746-8650

South Fork Middle School TBA
4:00 p.m. to 7:00 p.m., 5225 Kelso Valley Rd., Weldon
Parent Classes Offered in English
• Cindy Filkosky.....(760) 379-2556

South High School..... TBA
5:30 p.m. to 8:30 p.m., 1101 Planz Road, Bakersfield.
Parent classes offered in English and Spanish
• Stacey Fuentes.....(661) 831-3680

Thomas Jefferson Middle School TBA
6:00p.m. to 8:30p.m., Parent class offered in English and Spanish
305 Griffith Ave., Rooms 23 & 24, Bakersfield, CA
No Cost Tuition
• Elena Contreras.....(661) 758-7140

Walter Stiern Middle School..... TBA
5:00pm to 8:00pm, No Cost Tuition
Parent Center #404, 2551 Morning Dr, Bakersfield
• Cindy Martinez.....(661) 631-5480 ext 20145
• Linda Leon(661) 631-5480 ext 20123

West High School..... TBA
Tuesdays & Thursdays 6 pm to 9 pm, 1200 New Stine Rd
West High Parent and Family Center
English and Spanish Classes offered
No Cost Tuition, No Childcare Provided

WHO SHOULD ATTEND?

Parents and guardians of strong-willed or out-of control teens

REGISTRATION FEE:

A registration fee may be required and should be received before the class begins.

A small fee for materials and food may be required, depending on the sponsoring district or agency. This fee can be waived if necessary; please speak to the site Parent Project facilitator for more details and options.

LOCATION:

Various sites in Kern County, California. See list of locations on other side of this pamphlet or go to www.kernstayinschool.org (TRACK) website for an updated list under Parent Project.

FOR MORE INFORMATION:

Salvador Arias, Prevention Specialist – Project 180
Kern County Superintendent of Schools Office
(661) 852-5661 or visit www.kernparentproject.org
National Company visit www.parentproject.com
or call 1 (800) 372-8886

OTHER RESOURCES:

For other parent resources and support services, please go to the "Parents as Partners" website of the Kern County Superintendent of Schools Office at www.kern.org – click on Parents as Partners link.

~~~Revised: 2/9/2018 12:28 PM~~~

Truancy Reduction & Attendance Coalition of Kern (T.R.A.C.K.),

Kern High School District and Kern County Superintendent of Schools Office

present:



Upcoming Parent Class Offerings



**Is Your Family Worth One Day?
Give us 24 hours.
We promise it will change your life.**